

Acknowledgment, Waiver and Release from Liability:

I confirm that I have not been advised against participation in MOW gym activities by a health professional. I acknowledge that my statements on this membership form are being accepted by MOW GFC in consideration for allowing me to become a member of MOW GFC gym.

I agree to the following:

a) to abide by all use of gym rules and club members rules, policies and procedures as amended from time to time and I acknowledge that my membership may be revoked or suspended for violation of these rules.

b) to waive, release, and discharge from all claims, losses, or liabilities for death, personal injury, partial or permanent disability, property damage, medical expenses, theft, or damage of any kind, including economic losses, which may in the future arise out of or related to my use of MOW GFC gym

c) to assume sole responsibility for all other risks associated with MOW GFC gym usage

d) not to pursue a claim of any kind for any of the claims, losses, or liabilities that I have waived, released, or discharged herein; and

e) my membership details/records being held on computer database by MOW GFC and shared with others involved in promoting/regulating the club gym.

I understand that this is a legal document and have been offered the opportunity to take the document to a legal advisor, and this has been explained to me, and I hereby waive my right to do so now.

PRINT NAME:

SIGNED:

_____ **DATE:** _____